

MEN'S CONFERENCE

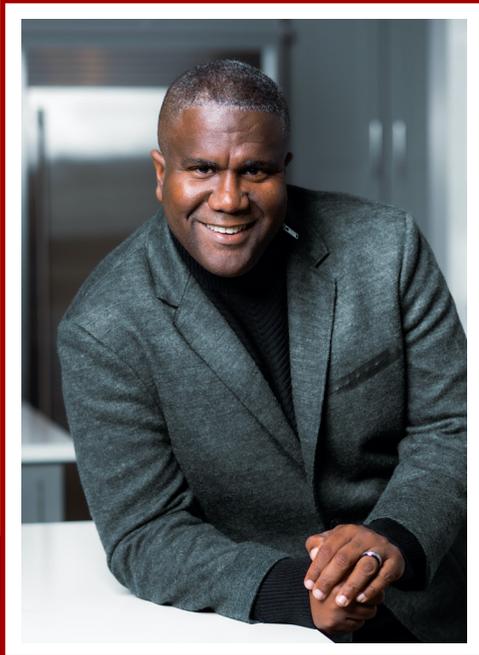
# RECHARGE



[men@visitonecc.com](mailto:men@visitonecc.com)

[#occstrong2022](https://twitter.com/occstrong2022)

# MEN'S CONFERENCE



“ **BE WATCHFUL,  
STAND FIRM  
IN THE FAITH,  
ACT LIKE MEN,  
BE STRONG.** ”

1 CORINTHIANS 16:13

Gentlemen,

I am so excited that we get to spend these two days together, growing in God's word and celebrating His goodness as we Re-charge! We will hear compelling messages from dynamic speakers, testimonies of how other men have done it and attend breakout sessions on topics that interest to you.

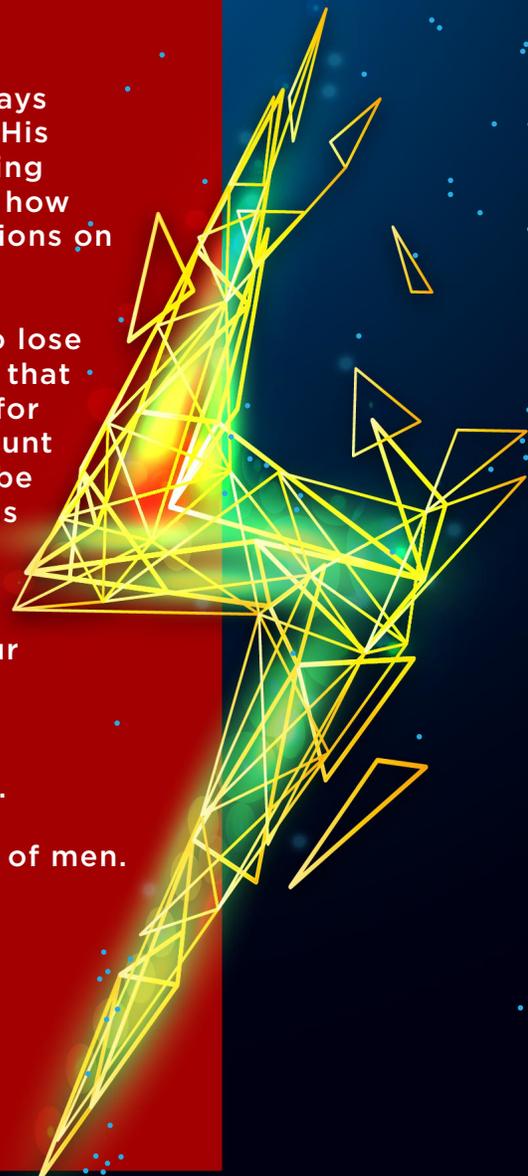
Each day presents circumstances that cause us to lose our hope and become weary. Isaiah 40:31 tells us that God will renew our strength. "But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint." My prayer is that you will take full advantage of this time to renew and leave here ready to be the strong men that God created us to be. Men that are ready to go out and set the example for our families, at our jobs and in our communities, as we follow the example of Jesus.

You could be anywhere and you chose to be here. Thank you from the bottom of my heart for your commitment to grow together as one community of men.

In Christ,

A handwritten signature in black ink, reading "Conway Edwards". The signature is stylized and cursive.

Dr. Conway Edwards  
Lead Pastor



## FRIDAY, JUNE 17

- 5p • Registration Opens
- 4p - 6p • Basketball Skills Challenge
- 5p - 6:45p • Food Served
- 6p - 6:45p • Pre-Conference Breakout Sessions
  - Class 1 • What The Health?  
Winning Your Battle Over Health And Wellness
  - Class 2 • How To Be Countercultural In My  
20's And Early 30's
  - Class 3 • Traps And Baggage That Hurt Your Family
- 6:30p • Doors Open
- 7p - 7:30p • Day 1 Conference Kick-off
- 7:45p - 8:45p • General Session 1
  - 9p • Breakout Sessions
    - Class 1 • How To Be A Godly Father In A  
Fatherless Generation
    - Class 2 • Digital Defense: A Battle Strategy For Purity
    - Class 3 • The Sin Cycle: How To Break It

## SATURDAY, JUNE 18

- 8a • Registration Opens & Breakfast
- 8:30a-9:15a • Breakout Sessions
  - Class 1 • Leadership Principles For Home, Work And Life
  - Class 2 • Winning Over Anger
  - Class 3 • How To Lead A Wife That's A Better Leader Than You
- 9:30a - 10a • Day 2 Conference Kick-off
- 10a - 10:30a • General Session 2
- 10:30a - 11:15a • Keynote General Session 3
- 11:15a - 11:30a • Closing & App Time | Group Picture And Prayer

# PRESENTERS



**ISAIAH  
STANBACK**

NFL Superbowl  
Champion

**HOST**

Mr. Isaiah Stanback is the founder of Steadfast Fitness and Performance, a performance and personal training facility, in the North Dallas area.

Mr. Stanback received his Bachelors degree from the University of Washington, where he played as a wide receiver and quarterback for the Huskies. After graduation he went on to play in the NFL for several teams including the Dallas Cowboys, New England Patriots, and the Jacksonville Jaguars. During his time in the NFL he worked diligently to receive his MBA from George Washington University.

With his leadership ability and experience, Isaiah has made it his life's mission to motivate and pour back into others, not only in his community, but all across the nation.



**DR. CONWAY  
EDWARDS**

ONE  
Community Church  
Lead Pastor

**SPEAKER**

Dr. Edward's unique ability to communicate the truths of the Bible in a relevant and uncompromising manner has helped to reach a generation of men, women, singles, couples, and families embedded in a culture defined by individualism, materialism, and humanism.

Dr. Edwards holds a Master of Theology, from Dallas Theological Seminary (DTS). Dr. Edwards holds a Doctorate in Strategic Leadership from Regent University.

He formerly served as Director of Singles at Oak Cliff Bible Fellowship in Dallas, Texas under the leadership of Senior Pastor, Dr. Tony Evans, and is passionate about leadership and the local church.

Dr. Edwards and his wife, Jada, are proud parents of a son, Joah, and a daughter, Chloe



**PATRICK  
WINFIELD**

Potter's House  
Fort Worth

**SPEAKER**

Patrick E. Winfield's leadership has been extensive, serving in both education and ministry fields. As an educator, leader, and pastor, his mission is to transform lives, build leaders, and strengthen families by helping people discover and live in the grace of God found in Jesus Christ.

In his strides toward education, Pastor Winfield is presently pursuing a doctorate in education from Dallas Baptist University.

As a leader, he believes in service leadership that is exercised through modeling, mentoring, instructing, and life coaching. As a leader and mentor, he has helped establish a College Bible Study in Champaign, Illinois, that still reaches out to college students to keep them grounded in God.

Pastor Winfield's greatest inspiration, by far, is Veronica, his wife, and their three sons: Christian, Joshua, and Caleb.



**DONTE  
BANKS**

GodChasers

Pastors Donte Banks is the Lead Pastor of GodChasers Church. Pastor Donte's approach to delivering God's word in a way that is simple, concise, anointed, and relevant, as well as his heart for worship has made him a sought after teacher and worship leader.

He has been married for 20 years to his high school sweetheart, Pastor Tabitha Banks who manages the church as the executive pastor. They work as a team to lead GodChasers.

**SPEAKER**



**AENEAS  
WILLIAMS**

NFL  
Hall of Famer

During an illustrious 14-year NFL career with the Arizona Cardinals and St. Louis Rams, cornerback Aeneas Williams came to a realization that unhappiness in players lives wasn't fueled from anything that happened on the field, but it came from something that was missing in the players' lives.

Pastor Aeneas retired from football in 2004, and was inducted into the Pro Football Hall of Fame on August 2, 2014. He is Pastor of The Spirit Church in St. Louis, Missouri where he has garnered respect as a leader and role model due to his tireless and extensive outreach in the community.

He authored the book, *"It Takes Respect."* In this powerful book, he writes with the conviction of personal experience as he shows just how far God can take a man.

He and his wife Tracy have three daughters, Saenea, Tirzah, and Cheyenne and a son named Lazarus.

**SPEAKER**



**GREG  
ELLIS**

Head Coach  
Former Cowboy

Greg Ellis was the first-round draft pick in the NFL to the Dallas Cowboys, from the University of North Carolina, and earned the title "All American". After the league, Ellis became an actor and film producer before becoming a head football coach at Texas College in Tyler.

Greg is a known leader who held the title of captain for 10 years for both the Raiders and the Cowboys out of the 12 years he played in the league. Ellis is the founder and CEO of Play Now Enterprise, the multi-media production company that produced the film *Carter High* and the influential plays *Juneteenth* and *Watchnight*.

Mr. Ellis is a devout Christian and family man who prioritizes making a positive impact in the life of others. Greg married his high school sweetheart, Tangie Ellis, and they share three incredible children together.

**SPEAKER**



**DR. E. DEWEY  
SMITH**

The House  
of Hope  
Atlanta

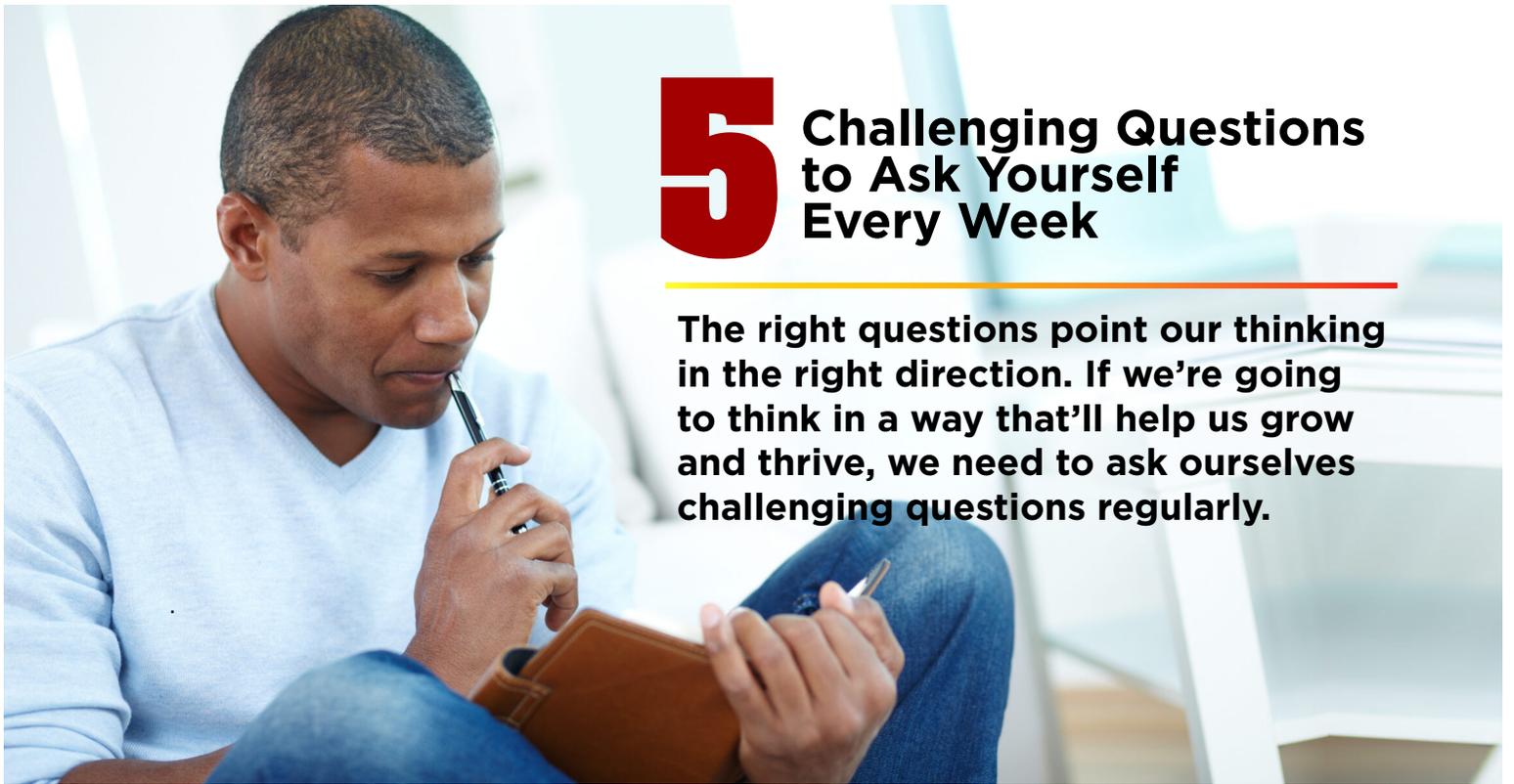
Dr. E. Dewey Smith is the Senior Pastor/Teacher of The House of Hope Atlanta, The House of Hope Macon, and The House of Hope WestPointe - one church in three locations - with a membership roll of more than 10,000.

Dr. Smith launched The Tabitha's House, a non-profit organization that provides housing, counseling and support to young girls rescued from human trafficking. In addition, Smith opened The Haven House, a fully staffed, professional and licensed counseling center that addresses the emotional and mental health concerns of people in the community.

Dr. Smith is also professionally involved in music, media, film and television production. He launched "The Hope TV Network" in 2020 and its programs have received over 300 million views.

Dr. Smith is married to his best friend, Andrea Fambro. They have been blessed with two sons: Kamari Elijah and Kylen Isaiah.

**SPEAKER**



# 5 Challenging Questions to Ask Yourself Every Week

**The right questions point our thinking in the right direction. If we're going to think in a way that'll help us grow and thrive, we need to ask ourselves challenging questions regularly.**

## **WHAT CAN I OFFER TODAY?**

Once, Jesus was speaking to a crowd of over 4,000 people. He told his closest followers he wanted to feed them, which they thought was impossible. Then he asked them in Matthew 15:34, "How many loaves (of bread) do you have?" Jesus just wanted them to bring what they had to feed the people. From there, he took what they brought, multiplied it, and fed everyone. God has given us talents and resources. There are people around us, namely our families, who need what we have to give. What can you offer today? Give it freely and faithfully and watch what God does with it.

## **WHAT DOES WORRYING ACCOMPLISH?**

When I think about all the difficulties I've experienced, I'm amazed at what they've taught me and how I've grown. In the middle of them, I was filled with worry. When I look back on all that worrying, I ask what it accomplished. The answer is nothing. Jesus said in Matthew 6:27, "Can any one of you by worrying add a single hour to your life?" When problems and concerns arise (and they will) pray, plan, and act, but don't worry.

## **WHY JUDGE OTHERS WHEN I HAVE SO MUCH ROOM FOR GROWTH?**

It's easy for me to judge and hate when I think too highly of myself. The reality is I'm a mixture of fallacies, weaknesses, contradictions, vulgarity, and moral and ethical failings that at best need work. Jesus asked this question: "Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?" (Matthew 7:3) Asking this question regularly tempers my judgment, affirms a spirit of humility, and empowers my love for others.

## **AM I GROWING OR DIMINISHING MY INTEGRITY?**

Integrity is something we have to be intentional about protecting. There will always be the temptation to be greedy, cheat, cover our wrongs, or be dishonest in order to gain something. Remembering this question from Jesus is a great reminder to protect our integrity: "What good will it be for a man if he gains the whole world, yet forfeits his soul?" (Matthew 16:26)

## **WHAT DO YOU WANT ME TO DO FOR YOU?**

Around 2000 years ago, a blind beggar sat on a road. When Jesus walked by with a crowd he cried out to him, "Have mercy on me!" Jesus called him over and asked, "What do you want me to do for you?" He said he wanted to see and Jesus healed him. The blind man could have lived his life like Jesus wasn't there, but nothing would have changed. The reality is Jesus wants to be involved in our lives and when he is, our lives become fuller. Unfortunately, there are plenty of days I live like he's not there.

If Jesus were passing in front of you right now, would you let him walk by? If he asked you, "What do you want me to do for you?" what would you say? What would you ask him to do?

STEP UP INTO

# MANHOOD

NO MAN WALKS ALONE





# HOW YOUR DAILY ROUTINE CAN STRENGTHEN YOUR FAMILY

1

## FIRST THINGS FIRST

***Remember that the first things you do communicate where your priorities are.***

Your morning routine when you wake up, your routine when you come home from work, your routine when you pick up the kids at school, anytime you are beginning your interactions with your spouse, kids, or co-workers, think about what you're communicating to them. Are you focused on connecting with your family or what you need to get done? Are you grabbing the remote or staring at your phone when you get home from work or engaging with your spouse and kids? Are you ignoring your spouse or tuning into how she is feeling that day?

Are you going to the shed/garage or playing with your kids? Your presence communicates your priorities.

2

## WORDS MATTER

Think about what words you say regularly to your spouse or family.

***What are your verbal routines?***

For example, coming home you may find they've had a great day, or maybe their day was even worse than yours. If your first words are always harsh, impatient, inconsiderate, or demanding, you might be paving the way for a rough night, or a rough life if it becomes a habit. On the other hand, telling your family "I love you" every night before bed creates a routine that becomes a memory and a legacy.

3

## BUILDING IN SPACE

Maybe you need some space to unwind somewhere. Even so, taking a few moments to engage with your spouse and kids wherever they are in the house indicates they are a priority to you.

***If you need some space, check in first.***

Building a routine to check in with your spouse can be helpful. If the day has been long, or you're struggling with something that has you in a bad mood, give your spouse a heads-up on the way home. A polite message like "Hey, I need a few minutes to get my head on straight when I get home-love you" lets your spouse be less apt to assume the worst. It also gives them a chance to let you know if they are struggling, or to think ahead about how to be an encouragement to you.

4

## HELPING HELPS

If you do not have a habit of asking your spouse what you can help with in the evening after work, you should reconsider doing that. It may not be possible or practical everyday or evening, but if you build a reputation for wanting to help with the kids, the homework, the chores, etc. you will make your daily routines more productive for them and for you. If you never, or rarely, seek to help with anything, your spouse is apt to feel lonely, isolated, frustrated, and unimportant.

Routines can be great, but they shouldn't be crutches.

***Don't let your routines rule you, but use them to reinforce to your spouse and your kids that you love them, you value them, and you want to serve their needs, too.***



# STGZ

“  
Your life  
does not  
get better  
by chance,  
it gets  
better by  
change’.

”  
- Jim Rohn

What are some jobs you think would be fun when you are older?

What is something you see another family doing that you would like us to do?

What is something you like about your brother/sister?

Who is the kindest or friendliest person you know?

Who have you been hanging around with? What do you like about them?

What do you want to know about your grandparents, great-grandparents, etc.?

What are two things we do really well as a family?

If you could start a business, what would it be?

What would be a good way for our family to volunteer in the community?

Are there any activities, sports, or hobbies you would like to try?

# CAR RIDE

## QUESTIONS FOR YOUR KIDS





**WHETHER WE ARE DRIVING TO A YOUTH BALLGAME, GOING TO VISIT RELATIVES, OR TAKING A VACATION, FAMILY IS OFTEN SITTING IN THE CAR TOGETHER. WHEN THIS HAPPENS, OUR KIDS CAN HAVE OUR FULL ATTENTION. TAKE ADVANTAGE OF TIME IN THE CAR BY HAVING MEANINGFUL DISCUSSIONS.**

**“ Take advantage of time in the car by having meaningful discussions. ”**

**Other than family members, who do you look up to?**

**Where do you think you would like to live when you are older?**

**What do you like about your favorite coach or teacher?**

**What is your biggest frustration?  
What causes you stress?**

**If you were going to help raise money for a charity, what would it be?**

**What is something you would like to learn more about?**

**What could our family do to be better?**

**What is a bad habit you would like to stop or a good habit you would like to develop?**

**What do you think makes someone a good friend?**

**Are there any activities, sports, or hobbies you would like to try?**



# THINGS EVERY TEENAGER NEEDS TO HEAR

“ WE NEED TO BE FIRM WITH OUR TEENS AS WE SHAPE THEIR CHARACTER; WE MUST ALSO ENSURE WE CARE FOR THEIR HEARTS. ”

## 1. I'M LISTENING

There will be days when we know what our teens need (or that they are wrong), but we need to listen to them anyway. One of the clearest ways we can show others we care for them is by taking the time to hear what they have to say. When we are willing to look our teenage kids in the eyes and hear them out, we validate both the issues that they are bringing to us, and our teens, as people with genuine cares and concerns.

## 2. TELL ME HOW I CAN HELP

Often, when our teenagers share a crisis with us, they want us to do more than listen. Many dads are immediately ready to share our wisdom or do what we can to fix things. At times, it can be far more helpful to pause and ask what a teen wants or needs from us. When we hold off on our instinct to rush to their rescue, we both show our kids we are listening to them, and that we respect them enough to let them ask for the help they really need.

## 3. I FORGIVE YOU

There are times all of us mess things up. When our teens mess up, their lack of life experience means they can sometimes fixate on these failures. While certain bad decisions mean we need to give out consequences to our kids, we always need to let them know they are more than their failures and weaknesses. When we forgive our teens, they will see that we can move past whatever they've done. This will help them more easily move on as well.

## 4. I WAS WRONG

Teenagers know their parents aren't perfect. They are often ready and willing to tell us all the ways we've messed things up for ourselves and for them. When our shortcomings impact our teens, our willingness to admit as much and apologize to them can make a huge difference in their lives. When we are vulnerable and admit we were wrong, we teach our kids how to handle a moment of failure and how to move forward from it afterward.

## 5. TEACH ME HOW TO DO THAT

For most of their lives, we've taught our kids things like reading, writing, riding a bike, and how to handle a fishing rod. As they become teenagers, they will pick up abilities we don't have. While we see this most clearly in their familiarity with technology we've never used, it can be other things too. When we look at our teenagers and ask them to teach us something, we're affirming that they have something to offer us and others.

## 6. WELL DONE

When kids are little, we celebrate many things they do—learning to walk, learning to talk, and school projects that we hang on the refrigerator door. With a teenager, the opportunities to affirm them may become less obvious, but their need to hear our encouragement is just as important. When we look for ways to celebrate our teenagers for their accomplishments and good choices, we are building a positive connection with them.

## 7. I LOVE YOU

Saying “I love you” seems to come naturally when you're holding a newborn or when a small child throws his or her arms around your neck. Despite whatever else may be going on, it is important that you say those three little words to your teen. When we tell our teens we love them out loud and often, our love will become a touchstone they can come back to no matter where they go or what happens.



Life Groups are a community of believers that celebrate, challenge and seek to cultivate your relationship with Jesus Christ...together!  
 Life is done best in the context of community.  
[lifegroups@visitonecc.com](mailto:lifegroups@visitonecc.com)



Membership  
 CLASS  
 JULY 3



SCAN HERE  
 FOR NEXT STEPS



**All registrations in one place!**

- June 20 | MasterClasses Begin
- June 26-30 | Oasis
- June 27-30 | VBS



# 5 M T O Z

“

For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.

”

Hebrews 4:12

# MANCHURCH

## MEN'S BIBLE STUDY

2ND & 4TH WEDNESDAYS @ 7P CST



Resumes  
In The Fall

## 4 CHARACTERISTICS OF MANHOOD

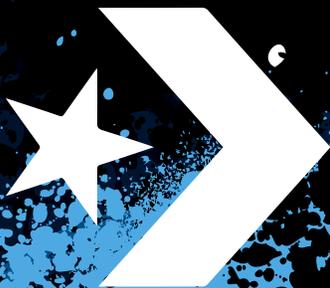
Reject Passivity  
Accept Responsibility  
Lead Courageously  
Expect God's Greater Reward





CUSTOM KICKS

ORDER DIRECTLY FROM CONVERSE

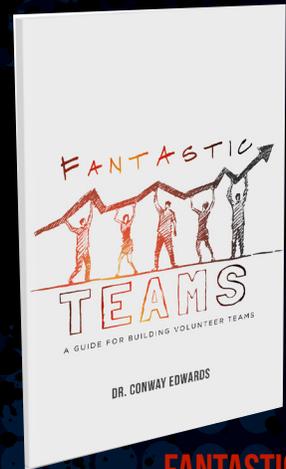


CONVERSE

PAIR OF OCC LOW TOP CONVERSE - \$80  
PAIR OF OCC HIGH TOP CONVERSE - \$85



**20/80  
RULE  
\$10**

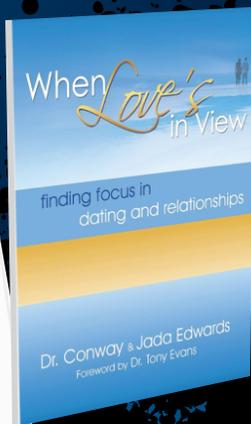


**FANTASTIC  
TEAMS  
\$10**

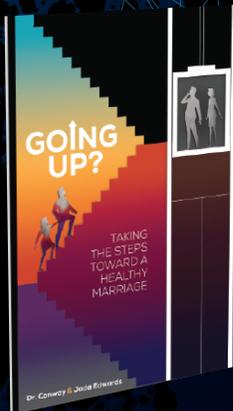
# SWAG AVAILABLE IN OUR BOOKSTORE



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LOVE'S  
IN VIEW  
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**WHEN LOVE'S  
IN VIEW  
\$10  
FOR SINGLE MEN**



**GOING UP?  
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FOR MARRIED MEN**



**SCAN TO  
PURCHASE ITEMS IN  
OUR BOOKSTORE**

**5** Rules  
of  
**MAN** ♀  
**HOOD**

**LIFE**  
is  
**HARD**

**You**  
are  
**NOT**  
that  
**IMPORTANT**

Your **Life**  
**IS NOT**  
about **You!**

**YOU** ARE  
**NOT**  
~ IN ~  
**CONTROL**

**YOU**  
Are Going To  
**DIE**

SABBATH MONTH

# REFRESH

*power down*  
July 2022

It seems we're constantly on the go, on call, or on technology leaving little time for rest and reflection. Our constant state of being "on" often causes us to be cut off from spiritual, relational, and emotional growth. As we seek to draw nearer to Christ, let us take time to Power Down during our Sabbath Month.

31 DAYS TO REFOCUS, REFRESH AND RECHARGE

## STAY CONNECTED

*during the summer*

OCC Global

Download the App

Watch us on YouTube

Any Questions? 469-609-1909



# VBS

JUNE  
27-30

VACATION BIBLE SCHOOL



# 2022

# COUPLES CONFERENCE TOGETHER *forever*



Conference Host

## FRIDAY, JULY 22 AND SATURDAY, JULY 23

**PLANO**  
 Saturday  
 5:45p  
 Sunday  
 8a, 10a & 12p

2400 TX - 121  
 Plano, TX 75025

info@visitonecc.com

**LEWISVILLE**  
 Sunday  
 9a and 11a

2150 TX - 121 Business  
 Lewisville, TX 75067

lewisville@visitonecc.com

**DALLAS**  
 Sunday  
 10:30a

Angelika Theater Dallas  
 5321 E Mockingbird Ln.  
 #230  
 Dallas, TX 75206

dallas@visitonecc.com

**PROSPER**  
 Sunday  
 9a and 11a

2601 Prairie Drive  
 Prosper, TX 75078

prosper@visitonecc.com

**GARLAND**  
 Sunday  
 9a and 11a

200 E Interstate 30  
 Garland, TX 75043

garland@visitonecc.com

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